



Installation
Video

Insulation Board For Walls and Floors

Lightweight boards that are easy to cut and can be used to overboard stud walls, level up solid walls and overboard timber/solid floors before tiling.

These boards provide an extra layer of insulation and are the ideal foundation for tiling. They are also waterproof and can take the weight of heavy tiles (< 80kg/sqm).

1200 x 600 x 6mm (0.72m²) - Floors

1200 x 600 x 10mm (0.72m²) - Stud Walls & Floors

1200 x 600 x 12.5mm (0.72m²) - Stud Walls & Floors

Benefits	10mm Board
Protects against cracked tiles & grout lines	✓
Strong to carry heavy tiles	✓
Waterproof	✓
Lightweight	✓
Easy to cut using a utility knife	✓
Quick & easy to install	✓
Excellent insulator	✓
Textured surface improves adhesive bonding	✓
Lifetime guarantee	✓

nomoreply.co.uk

NoMorePly®

XPS Insulation Tile Backer Board For Walls and Floors

QUICK
& EASY



HIGH
INSULATION



LIGHT
WEIGHT



WATER
PROOF



LIFETIME
GUARANTEE



NoMorePly®

XPS Insulation Tile Backer Board For Walls and Floors

QUICK
& EASY



HIGH
INSULATION



LIGHT
WEIGHT



WATER
PROOF



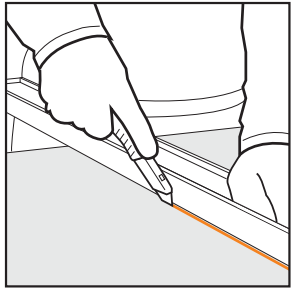
LIFETIME
GUARANTEE



nomoreply.co.uk

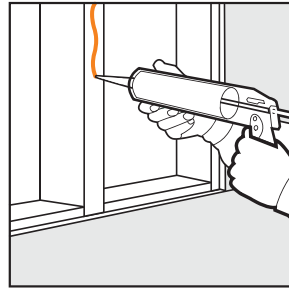
The Ultimate Surface

Insulation Board Installation / Timber



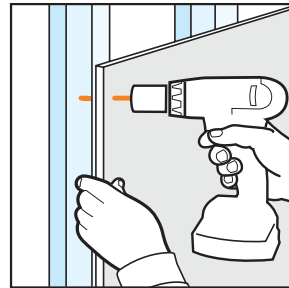
1. Cut with utility knife

Run a sharp utility knife along a straight edge, cutting through the mesh/ cement coating and polystyrene foam inner. Fold the board, then trim the remaining mesh/ cement coating.



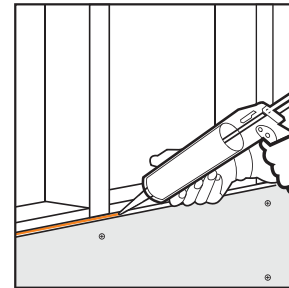
2. Stick boards to timber frame

Run a bead of Mega Strength PU Adhesive along the timber stud work before offering up the first board. Boards to be applied in a brick bond pattern. Studs to be max 600mm centres with cross noggins on board joints.



3. Secure with screws and washers

Use six screws and washers per board to secure them in place. Screws will prevent the boards moving as a result of the Mega Strength PU Adhesive slightly expanding as it dries.



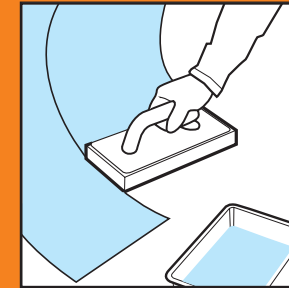
4. Waterproof the joints

Run a bead of Mega Strength PU Adhesive along all edges before the next board is offered up. This reinforces and waterproofs the joints, eliminating the need to tape them. Wipe off excess adhesive using a cloth as you proceed.

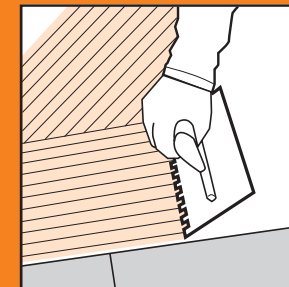


Always use NoMorePly
Fixing essentials
to benefit from the
Lifetime Guarantee

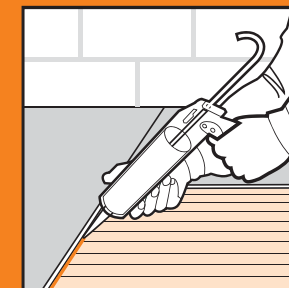
Insulation Board Installation / Solid Substrates



1. Prime the surface
Sweep clean, then prime the solid wall or floor using NoMorePly SBR primer. Using SBR will leave a water resistant and tacky surface to improve adhesion.



2. Fix with tile adhesive
For best results, use a single part flexible, rapid set tile adhesive. On solid floors, apply a layer of adhesive using a notched trowel, then lay the boards. On solid walls, use the dot & dab technique.



3. Waterproof the joints
Run a bead of Mega Strength PU Adhesive to edges before the next board is offered up. Lay boards in a brick bond pattern.